

Psychic Reading - Anyone Can Be A Psychic Reader.

Do you want to become a psychic reader? Anyone can do it, so go for it psychic reading is a skill that can be learned by anyone. Your journey to becoming a psychic reader starts with accepting your abilities.

Sometimes it takes time for our subconscious mind to tune up with our conscious mind. Start thinking in terms of your psychic ability. Talk with other people about this ability in order to put the idea out into the public. Tell yourself on a daily basis "I am psychic".

Trying to understand about psychic abilities, as it relates to yourself or other individuals, start reading any material you can find regarding the subject. You may want to attend psychic workshops, or enroll in group training or courses given by a medium. You can always find them fairly priced. Spiritualist churches have training circles and you may want to join in fellowship with those of like mind.

Your psychic capacity should be practiced on a regular basis. You shouldn't feel bad if you fail sometimes as this is only natural; as a person, you can err. The realization will come to you that with increased practice comes improved performance. As you begin, allow the Tarot cards to "speak" to you instead of trying to remember what each individual card means. With practice, your mind will become trained to receive information from beyond your senses. You will accept the change, however, it will take some time, accept this as part of the training to becoming a psychic reader. Working with a tool that you can focus on (other than the tarot at first) it will enable the utilization of the psychic abilities you possess.

Psychometry is the art of holding something that belongs to the person you are reading for and getting psychic impressions while using this as a tool. Feel the object and try to connect the object to the person who owns it. Think of the data that you need entering your body through your extremities and rushing up to your brain. The answers will come as flashes of what has or is happening in the person's life, or fleeting feelings or voices inside your head. Say it as soon as it pops into your head. Make sure you remain relaxed, no matter how the information may upset you.

It will feel like your mind is moving at a different pace from the rest of the world; you will feel less input from your ordinary senses and more from your own mind. You will be surprised once the information comes to you as if it were already within you. Whether you are recording this session or someone else is taking notes, you need to mention everything you hear, feel, sense, and see in your mind's eye. With the passage of time, you will be capable of being a psychic reader without relying on a focal point.

Practice is essential if you want to get to the psychic reader level that you want. You need to get accustomed allowing information to come to you from a source outside of your bodily senses. Let's imagine you get a phone call, take a brief second to think about who may be calling. You'll be amazed at how much you'll improve over time.

It is important to allow information to come to you from outside your body and mind. If your phone rings, for example, pause for a little bit and think about who might be calling you. You will be amazed at how much better you get as time goes by. One time, I got a letter from my sister, and it was a very nice letter, however when I held it in my hand it, I got a feeling of sadness. The letter was handled and written by her and when I phoned her she said this had not made her feel sad. I suppose I could have touched on the emotions of a postal worker who spent a bit of time handling the letter. The only thing that I knew was that a person was very upset when they touched the note that is currently on its way to me.

See if you are able to study the energy and emotion of those that are around you. Just sitting in the same room with my niece is enough to make a song lyric come to my mind. All of a sudden, she seems to know that same song and begins humming it. Now which one of us picks up from the other is hard to say, as she may have been thinking of humming the song long before she actually started to. When someone sends me visual communication, I know that I'm proven to be a really great receiver.

The best recommendation I can give is to repeat this exercise and locate someone who isn't opposed to taking on a listening role while you become practiced in the reception of psychic energy. Do not get discouraged if they are not all correct. Just remember, practice actually does make a perfect and accurate psychic reader.

About the Author

Malcolm is a professional psychic, tarot reader, and astrologer with over 19 years international experience.

Source: <http://www.readezarchive.com>