

Signs of an Unfaithful Spouse - 5 Major Signs Everyone Must know

There are many signs that your spouse may be unfaithful to you. However, you can not always catch every signal they may send. Here are 5 major signs that your spouse is cheating. If you happen to notice any of the following signs then you should investigate further because chances are your spouse may be cheating.

1. **New Behavior** If your spouse starts working out more or becoming interested in something he never showed interest in before then that could be a sign of cheating. New behaviors are often the result of the changes they are making for the person they are having the affair with. They may start to become interested in things that you never knew about before. Usually this behavior is passed off as just being a new hobby or with some other excuse to deflect the accusation that an affair may be the reason.
2. **Odd Behavior** Along the lines of new behavior is odd behavior. If your spouse starts to worry about their appearance before they go to run a simple errand and they never did before then that may be an odd behavior that signals an affair. Odd behaviors usually point to the fact that they are nervous because they are about to go meet their lover. Watch for them because they are usually quite easy to spot.
3. **Emotional Distance** When a spouse suddenly pulls away emotionally you may want to suspect cheating. Unless there is some underlying reason that you can verify, emotional distance is often a major sign of an affair. It is usually quite easy to spot, too.
4. **Change in Priorities** If your spouse starts to rearrange their priorities then that could be a sign of cheating. Things like choosing work over family or losing interest in hobbies are signs of priority changes. These things happen because the strain of trying to keep a hidden relationship and juggle two lives is hard. Other things tend to lose their importance.
5. **A Gut Feeling** If you feel in your gut that your spouse is cheating then chances are they are. Your gut feeling is linked to your subconscious mind which does not filter the signs like your conscious mind does. It is a good bet that if you feel it in your gut that it is true. Now that you have these 5 arsenals in you your pocket, use them wisely. Take the time to study and apply the suggestion made and all the help we have for you.

About the Author

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